

# Rockmount Children's Club



[www.rockmountprimaryschool.co.uk](http://www.rockmountprimaryschool.co.uk)

*"My child really enjoys coming to after school club"*

### **Mission Statement**

The welfare of children is at the heart of Rockmount Children's Club and all that we do is geared to meeting their needs. Every child is recognised as an individual whatever their age, ability, background, race or gender. Rockmount Primary School's before and after school care has evolved over a number of years to become a high quality provision that is very popular with parents and children. We appreciate the contribution good quality affordable before and after school childcare can make in supporting children and their families. We are extremely proud of the provision that we provide and aim to bring out the best in each child through an exciting range of activities and experiences that will help them in their all round development.

**Ana de Miguel**

**Extended Services Manager**

### **We aim to:**

Provide a safe and secure environment; be welcoming to all children and parents and carers; teach children to respect everyone; bring children together to play, treating each other as equals; listen to children and get them involved in planning and making decisions; make time to talk with children; be inclusive, caring and fair; provide a range of stimulating age appropriate play activities; promote good attitudes in children and deal with problems sensitively; promote positive co-operative behaviour and set clear boundaries; provide nutritious meals and provide positive experiences for all.



*"Very pleased with the care and support provided"*

### **Refunds are not given for any pre-booked sessions**

It is the responsibility of Parents/Carers to inform staff when a child will be absent. Parents/Carers must inform staff if anyone other than the usual designated person is collecting the child.

### **Complaints**

We hope you will be happy with the efforts that we make to ensure your child receives the best possible education while at our school. However, we understand that there may be occasions when you feel that you wish to make a complaint. If you are unhappy with anything that happens at school, please come in to discuss your concerns with the club manager, extended services manager or Head teacher. The school has a well-documented complaints procedure, a copy of which can be obtained from the school's office.

### **Opening Times**

Monday to Friday

**Breakfast Club** 7.45am to 8.35am

**After School Club** 3.10 (KS1) 3.20 (KS2) to 6pm

The Rockmount Children's Club is open during term time only. It is closed for staff INSET days and the last day of each term.

### **Contact Us**

Ana de Miguel, Extended Services Manager

Email: [extendedschools@rockmount.croydon.sch.uk](mailto:extendedschools@rockmount.croydon.sch.uk)

Telephone: 020 8683 8451



## "Great variety of activities at After School Club"

### After School Club

Our After School Club operates in several locations in the school. Generally children are split into groups of KS1 and KS2 pupils.

The club has the use of the outside play areas, enjoying a football pitch, basketball court and areas for softball games. There is safe climbing equipment and a wide range of activities is organised for outdoor play. A large landscape grass area has been constructed as part of the building project. The school sports hall is also used for dance and indoor games.

### A Typical Day

**3.20pm**—Infant children are escorted to the club by a member of staff where information is exchanged during handover. Junior children make their way to the club independently.

Interaction between children of different ages is always encouraged, but activities are also planned for infants and juniors. Each daily session begins with a story or circle time when the choice of activities is shared, register taken and younger children are offered a drink and snack. Children are then free to choose which activities they would like to participate in.

**4.30pm**—The children are served a light tea. Following tea children have a range of indoor and outdoor activities to choose from until collection (weather permitting).

Children are collected via the club's designated entrance where information is shared with parents/carers before children are signed out. Adults are asked to inform the club prior to collection if anyone other than the designated person is collecting the child.



## "Brilliant facility"

### Our Pledge

We will:

Welcome parents/carers at all times and encourage partnership working.

Keep parents/carers informed of changes, programmes of activities and procedures.

Be consistent and reliable to enable parents/carers to plan ahead with confidence and peace of mind.

Share and discuss children's achievements, experiences, progress, friendships and behaviour.

Listen to views and concerns and ensure that we continue to meet needs.

### Our Expectations

We are proud that we have a well organised, attractive and stimulating learning environment. We expect it to be maintained and cared for by everyone in the school community. It is the responsibility of adults and children to look after our school resources and displays.

All adults in the school have high expectations of behaviour. We aim to encourage a friendly, caring atmosphere with a high level of teamwork so that everyone has the opportunity to do well and enjoy school life.

Our school rules are few and understood by all:

- Listen to others
- Be kind, helpful and truthful
- Do your best
- Look after property
- Be polite

## *“Excellent variety of cooked meals”*

### **Breakfast Club**

#### Facilities

Our breakfast club operates in two large designated rooms with its own kitchen and bathroom facilities.

Entrance is via an intercom security gate ensuring children’s safety at all times. Our dedicated team of staff also work with the school enabling children and parents/carers to develop positive relationships.

#### Food options

Our breakfasts have been planned to ensure that we are providing nutritious and balanced meals at breakfast.

Some of the benefits of having a healthier breakfast club include:

- A positive effect on children’s concentration and performance throughout the day
- Engaging children in making healthier choices about their diet by providing them with encouragement, knowledge and support
- Promoting social and emotional wellbeing at school through the social aspects of sharing food and chatting, helping to make an ideal start to the day.

### **A Typical Morning**

7:45am – the club opens, children hang their belongings in the cloakroom area and are signed in the register.

Staff members take children’s orders for breakfast which are prepared in our kitchen area.

A range of activities are available for children to enjoy whilst at the club including: board games, arts & crafts and drawing.

A quiet area is available for children to complete homework or read.

8:15am – orders for hot food ends and any children arriving after this time will be offered a piece of fruit or a yoghurt.

8:30am – Children and staff clear away activities and prepare for school. Junior children are dismissed to their classrooms. Infant children are escorted to their classroom and handed over to school staff.



## *“Since starting the club my child cannot get enough”*

### **Safeguarding**

Rockmount Children’s Club follows the school’s Safeguarding Policy. Staff are legally obliged to report to the relevant authorities any cases of suspected abuse.

### **Health & Safety**

The school’s Health & Safety Policy applies to the club and this (with all other policies) is available on request. Fire practices are undertaken at least once each term and regular Risk Assessments are undertaken by school management.

### **Special Needs**

Staff liaise fully with the school and parents on meeting the special needs of children and staff will be happy to discuss any issues with parents regarding the needs of their children.

### **Other Policies**

All relevant school policies are applicable to the club i.e. Race Equality, Equal Opportunities, Behaviour and Discipline. All school policies are available on request.

### **Absence**

The club’s Manager must be informed by the parent/carer of any children’s absence from the club. This can be done either through the school office or directly with the club staff.

### **Insurance**

Insurance covers responsibilities to the children and staff and will cover contracts or statutory requirements covered under public liability. The club have a duty of care, which means the staff will provide the level of care of a “reasonably careful parent” which is the same category as for schools.



Children attending the After School Club are lucky enough to have their food prepared by Hussein our school chef to reflect the **healthy schools standard**.

Hussein coordinates lunchtime food provision at Rockmount and so we are very well catered for.

The menu below is an example of what you can expect.

# After School Club Mmmmenu!

## WEEK 1:

16<sup>th</sup> APR, 7<sup>th</sup> MAY, 28<sup>th</sup> MAY, 18<sup>th</sup> JUNE,  
9<sup>th</sup> JULY, 30<sup>th</sup> SEPT, 24<sup>th</sup> SEPT, 15<sup>th</sup> OCT

### Meat Free Monday

BBQ Pulled Carrot with Warm Potato Salad V  
Roasted Pepper & Spinach Frittata with Warm Potato Salad V  
Mixed Leaf Salad & Sweetcorn  
Fresh Fruit Salad, Fruit Yoghurt, Jelly or Flavoured Mousse

### Tuesday

Chicken & Pepper Pizza with Potato Wedges  
Cheese & Tomato Pizza with Potato Wedges V  
Broccoli & Sweetcorn  
Fresh Fruit Salad, Fruit Yoghurt, Jelly or Flavoured Mousse

### Wednesday

Mild Chicken Korma with Rice  
Sweet Potato and Chickpea Korma with Rice V  
Kachumber Salad  
Fresh Fruit Salad, Fruit Yoghurt, Jelly or Flavoured Mousse

### Thursday

Chicken Sausage with Mashed Potato & Onion Gravy  
Vegetarian Bean Chilli with Rice V  
Broccoli & Sweetcorn  
Fresh Fruit Salad, Fruit Yoghurt, Jelly or Flavoured Mousse

### Friday

BBQ Chicken with Vegetable Rice  
Pasta with Tomato Sauce & Grated Cheese  
Chopped Salad  
Fresh Fruit Salad, Fruit Yoghurt, Jelly or Flavoured Mousse

## WEEK 2:

23<sup>rd</sup> APR, 14<sup>th</sup> MAY, 4<sup>th</sup> JUNE, 25<sup>th</sup> JUNE,  
16<sup>th</sup> JULY, 10<sup>th</sup> SEPT, 1<sup>st</sup> OCT

### Meat Free Monday

Oven Baked Vegetarian Lasagne with Garlic Bread V  
Vegetable & Quorn Paella V  
Mixed Leaf Salad & Green Beans  
Fresh Fruit Salad, Fruit Yoghurt, Jelly or Flavoured Mousse

### Tuesday

Roast Chicken & Stuffing with Roast Potatoes  
Vegetable Burger with Potato Wedges V  
Seasonal Vegetables  
Fresh Fruit Salad, Fruit Yoghurt, Jelly or Flavoured Mousse

### Wednesday

Jacket Potato with Beef Chilli & Grated Cheese  
Macaroni Cheese with Garlic Bread V  
Green Beans & Mixed Leaf Salad  
Fresh Fruit Salad, Fruit Yoghurt, Jelly or Flavoured Mousse

### Thursday

Chicken Enchiladas with Homemade Potato Wedges  
Roasted Vegetable Quiche with New Potato Salad V  
Broccoli and Baked Beans  
Fresh Fruit Salad, Fruit Yoghurt, Jelly or Flavoured Mousse

### Friday

BBQ Chicken with Vegetable Rice  
Pasta with Tomato & Basil Sauce & Grated Cheese V  
Chopped Salad  
Fresh Fruit Salad, Fruit Yoghurt, Jelly or Flavoured Mousse

## WEEK 3:

30<sup>th</sup> APR, 21<sup>st</sup> MAY, 11<sup>th</sup> JUNE, 2<sup>nd</sup> JULY,  
23<sup>rd</sup> JULY, 27<sup>th</sup> AUG, 17<sup>th</sup> SEPT, 8<sup>th</sup> OCT

### Meat Free Monday

Falafel Wrap & Minted Yoghurt with Roasted New Potatoes  
Bean Hot Pot V  
Baked Beans & Broccoli  
Fresh Fruit Salad, Fruit Yoghurt, Jelly or Flavoured Mousse

### Tuesday

Roast Beef & Stuffing with Roast Potatoes  
Vegetable Chow Mein with Noodles V  
Seasonal Vegetables  
Fresh Fruit Salad, Fruit Yoghurt, Jelly or Flavoured Mousse

### Wednesday

Chicken & Vegetable Pie with Mashed Potato & Gravy  
Vegetarian Pie with Mashed Potato & Gravy V  
Green Beans & Cauliflower  
Fresh Fruit Salad, Fruit Yoghurt, Jelly or Flavoured Mousse

### Thursday

Chicken Curry with Rice  
Vegetable Dhal with Rice V  
Kachumber Salad  
Fresh Fruit Salad, Fruit Yoghurt, Jelly or Flavoured Mousse

### Friday

BBQ Chicken with Vegetable Rice  
Pasta with Pomodoro Sauce & Grated Cheese V  
Chopped Salad  
Fresh Fruit Salad, Fruit Yoghurt, Jelly or Flavoured Mousse



If your child has a specific dietary requirement please contact us at [parents@pabulum-catering.co.uk](mailto:parents@pabulum-catering.co.uk)  
or for further details about Pabulum please visit our website: [www.pabulum-catering.co.uk](http://www.pabulum-catering.co.uk)  
V - Suitable for vegetarians

**pabulum**  
HONESTLY GOOD FOOD